

PROGRAM OUTLINE & PERMISSION NOTE



Date: Thursday 22nd October, 2020

Below is a brief outline of the programs available to the children for participation:

My Body Matters	Early Stage 1 (K) - Healthy food choices, importance of physical activity, safety
Harold's Friend Ship	Early & Stage 1 (K – Yr 1) - Explores how to build friendships and care for others, feelings and emotions, safe and unsafe situations and early warning signs, safe places and people to turn to for help.
Ready, Steady, Go	Stage 1 (Yr 1) - Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making
Growing Good Friends	Stage 1 (Yr 2) Unsafe behaviours, situations and environments, healthy food choices.
Safety Rules	Stage 1 (Yrs 1-2) - Problem solving, personal safety, seeking help, how to care for others and behaviours that maintain friendships
All Systems Go	Stages 1 & 2 (Yrs 2-4) Function of body systems, peer pressure, second hand smoking, and safety with medicines.
bCyberwise	Stage 2 (Yrs 3 & 4) – Explores cyber safety through animation, vox pops of children, relevant scenarios, discussion & problem solving.
Mind Your Medicine	Stage 2 (Yr 4) - Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication
On the Case	Stage 3 (Yr 5) – Short and long term effects of smoking, effects of passive smoking, laws, peer influence, and refusal skills.
Think Twice	Stage 3 (Yr 6) - Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.
Relate Respect Connect	Stage 3 (Yrs 5 & 6) – Teaches the knowledge, skills and attitudes that children need to develop and maintain safe and respectful relationships both on and offline. Including effective communication skills, development of empathy and conflict resolution skills
Decisions	Stage 3 & 4 (Yrs 5, 6, 7 & 8) – This module offers choice of content on legal drugs or legal and illegal drugs. Students explore the decision-making process and improve decision-making skills by looking at choices, consequences, responsibility, facts and influences

Teachers of composite classes will choose the program which best suits the needs of their children.



THE COST IS \$10.00 PER STUDENT

I give permission for _____ Class _____

to attend the Life Education program on **Thursday 22nd October, 2020** and enclose \$ _____

I have made a POP payment of \$ _____ Receipt No. _____

Signature _____ (Parent/Guardian) Date _____