



Somersby Snippets

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Term 3—Week 3

04/08/2016

School Calendar

Term 3 2016



August 5	Open Day Year 6 Cake Stall Assembly
August 12	Small Schools' Athletics
August 17	KMHS Science Day—Stage 3
August 19	Kulnura PS Olympics Day
August 22-26	Book Fair
August 25	School Public Speaking
August 26	BW Athletics
August 30	Beach Smart Talks Soccer 5's
September 1	Central Coast Public Speaking
September 12	Sydney North Athletics
September 14-16	Yr 5/6 Canberra Excursion
September 21	Premier's Spelling Bee
September 22	Soccer Final
September 23	Term 3 Last Day

Principal's News

Education Week

This week is Education Week, a week where public schools in NSW celebrate the wonderful opportunities we provide for your children. The theme for this year is 'Shared stories, better learning, stronger communities.'

To help celebrate this week, yesterday we went to Kariong Mountains High School for our annual 'Day of Excellence.' Our band and dance group performed beautifully again. I am always so proud of each and every one of our students who represent our school in such a great fashion.

To end the week, we will be holding our school Open Day tomorrow. We will start at 12:30pm with open classrooms, followed by recess at 1:15pm where Year 6 will run a cake stall. At 2pm we will have an assembly in the hall. We are looking forward to seeing everyone here tomorrow!

Class Newsletters

Each term teachers send home a newsletter to parents/carers of students in their classes to give everyone a brief overview of what to expect during the term (tomorrow they will go home with homework). This is a nice way of keeping everyone informed about the teaching and learning that will be happening in the room. If you have any questions, please do not hesitate to contact your child's classroom teacher.

Illness

This week we seem to have had a stomach bug go through the school. We are reminding students to wash their hands thoroughly, and to use the hand sanitiser in the classrooms. If your child is sick, please keep them at home until they are feeling better. Hopefully we are reaching the end of it!

Year 5/6 Science Day

To mark Science Week, the staff at Kariong Mountains High School run a science day for Year 5 and 6 students from across our Learning Community. A permission note will be sent home today with further details.

Kulnura Olympics Day

This year, being an Olympic year, Kulnura is hosting an Olympics day for the small schools on the mountain on Friday, 19th August. A permission note for this is being sent home today.

Small Schools Athletics

Next Friday, 12th August our athletics team will compete at the Small Schools' Athletics carnival at Mingara. Mrs Gowans and I will accompany the 31 students who will be competing.

P & C

Contact information

somersbypandc@gmail.com

Nicki Ward 0417 721 435

Uniform Shop

Tuesdays & Thursdays

8.45am-9.15am

Mrs Pia Cartwright

Email:

pwcp Plumbing Pty Ltd@bigpond.com



Canteen 05/08/16

Lasagne \$4.00

**Chicken tender wraps
with cheese, lettuce,
tomato & mayo \$4.00**

Banana Bread \$2.50

Quote of the Day

***"Don't judge a book by
its cover"***

English Proverb

**School Security
Number**

1300 880 021

*The community
acknowledges
traditional custodians of
the land on which the
school is located.*

Thank you to those who have returned their notes, and to the parents who have said that they can help with the BBQ on the day. Your help is greatly appreciated!

Notes

We have lots of permission notes either going home or due to be returned at the moment. Please keep an eye in the newsletter as there is a new section with those reminders there for parents.

P&C

Thank you to those who were able to make the P&C meeting on Monday. There were discussions had regarding future expenditure which will be discussed again at the next meeting. It would be lovely to see more faces there as these decisions affect all children.

The next meeting will be held on Monday, 5th September.

Band

A reminder that all parents of band students will need to register for the conservatorium online. A big thanks to the majority who have already done so.

Our band practise and tutorials are running very smoothly and the enthusiasm of the students has continued in the same fashion this term.

There are some accounts being sent home today for outstanding fees. Please ensure these are paid promptly.

Premier's Reading Challenge

This year's Premier's Reading Challenge will finish on August 19th. Books read can be registered through student portals (accessible at home) or students can bring in a list of books they have read and we can register them for the children. Let's see how many we can get completing the challenge!

Kirsty Squires

K/1

We would like to invite parent helpers to join us on Tuesday mornings from 9am - 10am to help with numeracy groups starting from next week (9th August). These numeracy groups will run very similar to literacy groups with helpers supporting students in a range of numeracy focussed rotating activities. Please feel free to come in and lend a hand if you are available.

Jane Cranstone

P&C News

Canteen volunteers needed

Our canteen operates each Friday. Without volunteers, we could not provide a canteen. We're looking for people who would like to help out on canteen days. The work isn't difficult, and it's always great fun to interact with the kids and the Year 6 helpers.

If you would like to help out in the way, even if it's only once a month or term, we'd love to hear from you. To express your interest, please email somersbypandc@gmail.com or see leave a message at the office, or catch up with our coordinator Jessica Wise on canteen day.

Gift-wrapping for Fathers' Day stall

Friday, August 19

Father's Day is coming up, and we are holding a gift-wrapping afternoon in preparation for our stall. If you can spare an hour on Friday afternoon, August 19 at 2pm, please join us in the old classroom. With a few helpers, the job should be finished in time to take the kids home when school finishes.

Investing in our school

At its meeting this week, the P&C discussed purchasing new resources for the school. It agreed to seek quotes on new laptops, levelled classroom readers, replacement outdoor seating and a new trumpet for the band.

Next meeting

Monday, September 5

The next P&C meeting will be at 7pm in the school library on Monday, September 5.

Uniform News

I apologise that we currently have no large stockings in stock; only sizes 3-4 and 7-8. We are having trouble sourcing the thicker winter stockings. If anyone knows a supplier who stocks brown tights could you please let me know.

Pia Cartwright

Uniform Co-ordinator

Canteen News

The canteen assists with raising funds to provide useful resources to our school. Also the children find it a delight with not only purchasing items but seeing the parents help. With this in mind and to keep our canteen running, Two helpers are needed to run the canteen on Fri 26th August and 16th Sept. Please leave your name and number with the office if you can assist.

Jessica



Parliament and Civics Education Rebate (PACER)

Students from our school will soon be undertaking an educational tour of the national capital. Students will be given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

TERM DATES

2016

TERM 3:

Commences: July 19

Ends: September 23

TERM 4:

Commences: Oct 10

Ends: December 16

NOTES DUE

***Small Schools
Athletics Carnival**

***KMHS Stage 3
Science Day**

***Year 5/6 Canberra
Medical and
Consent notes,
Payment Plans**

***Kulnura PS K-6
Olympics Day**

Student Banking

Class Winner

Term 3

Week 3

TBA next week





CANTEEN SPECIAL *Friday 05/08/16*

Lasagne	\$4.00
Chicken tender wraps—with cheese, lettuce, tomato & mayo (unless otherwise specified)	\$4.00
Banana Bread	\$2.50

Please specify your child's choices
and have orders in Wednesday
morning.



Thanks,
Jessica



Isabella

PBL Wall of Fame

Congratulations to last week's

**Happy and Friendly
Playground Award Winner**

Term 3

Week 3

Laura



Nutrition Snippet

The simplest way

...to create yummy sandwiches.

Wholegrain breads and
cereals - the foundation of a
healthy lunch box, and great
base for yummy fillings.



Cancer Council's *Eat It To Beat It* program recommends
limiting or avoiding processed
meats (sausages, frankfurts, bacon, ham) because of
their link with increasing the risk of bowel cancer.

Try some of these great ideas:

- Roast pumpkin with salad (grated carrot + lettuce, pesto + baby spinach) on multigrain, wholemeal or white high-fibre bread.
- Leftover cottage pie or spaghetti bolognese, with lettuce and grated carrot on a wholegrain bread roll.
- Tinned salmon/tuna and canned sweet corn on crispbread.
- Chopped egg and lettuce in a pita pocket.
- Tabouli salad and feta cheese on a wrap.
- Mashed banana and sultanas on sourdough.

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



Bazza's Pet Shack

7-8 / 10 GRIEVE ROAD WEST GOSFORD

4325 2915

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Fresh Beef, Chicken & Kangaroo packed on site,
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and More. Loyalty Program & Discounts Galore...

Come to our Re Opening

Saturday 13th August 10am – 2pm

Free Sausage Sizzle, Specials, Balloons for the kids,
Treats for the pets, photographer, Samples, RSPCA &
Greyhound Adoption agencies. Lucky Customer Draw
& Much Much More... Come & Join the Fun !!!!