

Somersby Snippets

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Term 1—Week 8

15/03/2016

School Calendar



Term 1 2016

March 16	Sydney North Swimming
March 17	Healthy Harold
March 18	Book Club Orders Due
March 21	Harmony Day Easter Scripture Assembly
March 24	Easter Egg Hunt
March 25	Good Friday
March 28	Easter Monday
April 4	School Photos
April 6	P&C Meeting Library 7pm
April 8	Small Schools' cross Country CMPS

**School Security
Number**

1300 880 021

PRINCIPAL'S NEWS

World's Greatest Shave

What a fantastic effort from Dane T last Friday to shave his hair (which had not been cut for 3 years!) in front of the entire school and members of the community. His bravery has raised over \$1200 for leukaemia research. What an amazing effort!

LMBR

Training for the new school finance and wellbeing system is continuing over the next 9 weeks. Mrs Comensoli will be out of the office two/three days per week depending on her schedule. During these days Mrs Padgett or Mrs James will be in the office. I will be at a training day this Thursday, Mr Haydon will be teaching Year 2/3/4. We appreciate your patience during this time of change.

Sydney North Swimming Carnival

Best of luck to Charlotte and Alexander who will be competing for the school at the Sydney North Swimming Carnival, tomorrow at the Sydney Olympic Aquatic Centre. What a fantastic effort! We can't wait to hear all about the day.

School Photos

Due to the swimming carnival, our school photo day has **been moved from this Wednesday to Monday, 4th April**. We apologise if this has caused any issues, however it is important to us to have everyone there. Envelopes that have already been handed in will be kept in the school safe until the day of the photos.

Brisbane Water Soccer

Congratulations to Adam for making it into the Brisbane Water Soccer side after attending the trials last week. This is a wonderful achievement and a great opportunity for him. Well done, Adam!

Life Education

This Thursday the Life Education van will be paying a visit to our school to deliver healthy lifestyle lessons. All permission notes need to be returned to school as soon as possible. Students without permission notes will be working in another classroom during the van visit.

Small Schools' Cross Country

Permission notes and lunch orders for the Small Schools' Cross Country carnival have been sent home today to all students from K-6. The carnival will be held at Central Mangrove Public School on the last day of Term 1, 8th April. Please ensure notes and lunch orders are returned by the 24th March.

Year 7 2017 EOI's

Last week EOI's for Year 7, 2017 were sent home. These are due to be returned to school by the 18th March. Please ensure they come back to school by this date.

P & C

Contact information

somersbypandc@gmail.com

Nicki Ward 0417 721 435

Uniform Shop

Thursdays 2.30pm to 3pm

Mrs Kirrilly Green

Email:

heycat1@bigpond.com

Canteen 18/03/16

Quiche Lorraine \$4

Pizza \$4

Toasted ham & cheese
tortilla \$3.50

Quote of the Day

*"Things turn out the best
for people who make the
best of the way things
turn out."*

John Wooden

FOR SALE:

FRESH EGGS

\$3 per dozen.

See office.



*The community
acknowledges
traditional custodians of
the land on which the
school is located.*

Tell Them From Me (TTFM)

This week students from Years 4-6 will be participating in an online survey regarding their school experiences. Data from these surveys will be used for future planning purposes. Later in the year there will be surveys conducted of parents and staff as well.

Easter Egg Hunt/Raffle

On Thursday, 24th of March the school will hold its annual Easter Egg Hunt to celebrate our Easter holiday break. This will take place in the COLA and surrounding playground from 2pm. All families and preschool children are invited to come along and take part. At the conclusion of the Easter Egg Hunt the P&C will be drawing their raffle. Raffle tickets have been sent home today with extra books available from the office. Donations of Easter related items are being taken in the office. All donations are greatly appreciated!

BAND/RECORDERS

The band rehearsal regime has changed as of this week for the remainder of the term. Last week, senior band members received a note of explanation.

As the junior members are on their way musically, both groups will be combined and morning rehearsals will be on Tuesdays and Thursdays for all students. I hope that this is not too inconvenient.

Next term I will be on leave for weeks 1-4 inclusive. The other Mr Mitchell will take over control of the band in my absence. The rehearsal days for that period will be Mondays and Thursdays. Once again, I apologise for any inconvenience caused.

Band and some recorder players will be taking over the next assembly (week 10). If your child is performing, it would be great to see you there.

LIFE EDUCATION

The life education van will be here on Thursday. Please make sure that your child's permission note has been handed in. Healthy Harold merchandise will be on sale on the day.

TENNIS-TERM 2

Next term our school will be running tennis related lessons each week for all students K-6. The aim is to give our students a taste of a new sport. A qualified tennis coach will conduct lessons class by class on Wednesdays during the morning session. All equipment will be provided. There will be a fee for students as the cost of the programme will be covered by the Australian government's Sporting Schools programme.

SPORT NEWS

We wish Charlotte and Alex all the best in their events at the Regional Swimming Carnival. It's a great achievement just qualifying for this carnival.

Congratulations to Adam Hall for his successful bid to represent the Brisbane Water Zone at the Combined Zone Football Trials being held today. A great effort particularly as he was competing with students from both year 5 and year 6 for a place. Neil Mitchell

Bebras Challenge

This Term years 5 and 6 will be participating in the Bebras challenge. The challenge promotes Computational Thinking among primary and secondary students. The tasks can be answered without prior knowledge about digital technologies, but are related to digital technology concepts. The challenge takes roughly 1 hour to complete and is based online with students from around the world participating. Students will participate between 14th & 25th March. After completion, students will have the opportunity to receive feedback about their answers. I look forward to seeing the results! Liz Ebert

Book Club

A reminder to please have all orders, including online orders finalised by Friday March 18th. Thank you. Kate Padgett

P&C News

Easter raffle

It's nice to see donations coming into the Easter basket in the school office. Thanks for your support - we're hoping that we'll be able to offer lots of raffle prizes so the Easter joy is shared around the community! There is still time to add something if you haven't gotten around to it yet.

Raffle tickets will soon be sent home for your family and friends.

P&C membership provides insurance cover

Even if you don't plan to attend P&C meetings, it is worthwhile considering paying the \$2 membership fee as this will provide you with insurance cover if you are injured while volunteering at school activities – whether that be as a canteen helper, reading group parent, BBQ or stall assistant, sports carnival timekeeper, etc.

If you would like to pay this very small membership fee, please leave it at the school office in an envelope with your name on it.

Wombat's Wild Weekend

A delightful show for young children is coming to Kulnura Hall in the next school holidays. So mark the date – Tuesday 12th April, 11am – and tell your friends and neighbours. Attention grandparents too. Wombat has all sorts of adventures in the bush, meeting lots of other animals and a pesky bower bird as well. Lots of colour, music, singing, dancing and jumping around will happen and your young ones will enjoy every minute of it. Organised by KCAEP, presented by the clever cast of Em's Entertainment, suits children up to 7. Cost is \$5 each (2 and over, adults at children's prices). After the show, enjoy the lovely picnic area next to the Hall. No Booking necessary. Enquiries phone Sue Douglas 43761350.



The facts

Head lice infestations are a common occurrence, particularly in primary schools.

- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments.

<http://www.schools.nsw.edu.au/studentsupport/studenthealth/>



TERM DATES **2016**

April 8 End Term 1
April 26 SDD
April 27 Term 2 Starts
July 1 End Term 2
July 18 SDD
July 19 Term 3 Starts
September 23 End
Term 3
October 10 Term 4
Starts
December 20 Last Day
Term 4

Term 2 2016

May 24 & 25	Zoo Snooze 3/4
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Office News

Student Banking
Tuesdays



Somersby School
Lanyard with 8 gig
USB drive
Only \$15
Please visit the school
office if you or child
would like to purchase
one



Nutrition Snippet

The simplest way

...to cook quesadillas.

Beef & Veggie Quesadillas

Serves: 5



Ingredients: 1 tbsp olive oil; 1 med brown onion, chopped; 1 clove garlic, diced; 200g button mushrooms, chopped; 500g beef mince; 1 large zucchini, grated; 1 large carrot, grated; 2 medium tomatoes, diced; ½ tsp ground cumin; ½ tsp ground coriander; ¼ tsp cinnamon; 10 medium tortillas; 250g reduced fat cheese, grated.

Method: Cook onion, mushrooms and garlic in frypan with olive oil until soft. Add mince and spices. Brown the mince, add zucchini, carrot and tomatoes. Cook for about five minutes. Lay a tortilla flat, layer half with cheese, a few spoons of mince and top with more cheese. Fold over. Cook in sandwich press until cheese melts and tortilla is golden crisp. Cut in half. Serve with salad. Refrigerate leftovers and add to lunch boxes.

Variation: add a tin of kidney beans for a more authentic Mexican dish and extra veg.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Student Banking Class Winner

Term 1 Week 7 K/1 63%

Term 1 Week 8 K/1 90.9%



3/8 Dyer Cres
West Gosford
43 251212

All mechanical repairs, servicing and tyres.
Free pickup and delivery coastwide.
Rego and blue slip inspections.

Mention the Somersby Cookbook and Multipurpose Court project, and half the labour cost of your vehicle's service will be donated to the project.

HOW LONG ARE CREDITS VALID FOR?

12 glorious months, that's 52 weeks or 365 days, but make sure you use them or sadly you'll lose them.

IF WE DON'T REACH THE MINIMUM SPEND?

Don't worry, we'll just roll your members spend into the next quarter and continue to do so for a 12 month period, because, well, we're nice like that.

But do one thing for us if you will, just keep us informed of any changes to your account contact details so we can communicate up-to-date credit information to you.

That's it! So what are you waiting for? Get cracking on those 6 easy steps and we look forward to welcoming you to your local Amart Sports store.

SIGN ME UP

If you have any further questions, drop us a line and we'll be happy to answer them.

Call us: 1300 305 084

Email us: communitykickbacks@amartsports.com.au

Fax us: 02 8866 6727

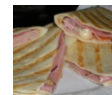
*For program terms and conditions visit amartsport.com.au

AMART
SPORTS

COMMUNITY
KICKBACKS
Please make sure you're in the zone!



JOIN TODAY!



CANTEEN NEWFLASH
SPECIAL
for FRIDAY 18/3/16

- Quiche Lorraine (egg, bacon & cheese) \$4
- Pizza \$4
- Ham, cheese & pineapple,
- Sweet chili
- Toasted ham & cheese tortilla \$3.50

Please specify your child's choices and have orders in Wednesday morning. Thanks.

Joey & Jessica

HAPPY BIRTHDAY!



Rachel



Year 6 Tuck Shop
Tuesdays at Recess.



Jumpies, Poppers

Noodle Snacks

Ovalteenies

Most products 80cents

